

## Overview of NOPIP

NOPIP is APA-accredited and a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). NOPIP is a consortium comprised of various agencies committed to providing quality clinical training in the provision of basic psychological services.

## Mission

The primary mission of the Northeastern Oklahoma Psychology Internship Program (NOPIP) is to provide quality clinical training utilizing a diverse range of theoretical models and techniques. The Practitioner-Scholar model is the underlying philosophy of NOPIP. All members consider the integration of research and practical experience essential in the development of professional competency. Therefore, NOPIP places an emphasis on applying evidence-based practices, research-based programming, and the application of science in practice. Our goal is to facilitate interns' development of critical thinking, conceptualization, and problem solving skills. Prior to the completion of the internship, all interns are expected to be competent in providing basic psychological services to the community in an ethical, professional, and knowledgeable manner. As a graduate of NOPIP, each intern is expected to have developed at least an intermediate level of skill in the areas of therapy, psychological assessment, professional behavior, consultation, evaluation, and supervision.

## Training

Training is provided in a range of assessment and treatment activities conducted directly with clients seeking psychological services. Each intern is required to have at least 25% of their total hours in direct client contact. Professional development will be focused on throughout the internship year, as the ability to work and communicate effectively with others is necessary to the provision of quality patient services. In addition, interns will be exposed to didactic training series and projects on consultation, evaluation, and supervision.

### NOPIP

[www.nopip.org](http://www.nopip.org)  
Stipend: \$22,032

### APPIC

[www.appic.org/AAPI-APPA](http://www.appic.org/AAPI-APPA)



Information provided by:  
**Indian Health Care Resource Center  
Behavioral Health Department**  
550 South Peoria Avenue  
Tulsa, OK 74120  
Website: [www.ihcrc.org](http://www.ihcrc.org)



# INDIAN HEALTH CARE RESOURCE CENTER OF TULSA

## Pre-doctoral Internship Program



*Caring is Strong Medicine*

**550 South Peoria Avenue  
Tulsa, Oklahoma 74120**

## Overview of IHCRC

Indian Health Care Resource Center (IHCRC) is a nonprofit comprehensive health care facility serving the Tulsa area American Indian community. The mission of IHCRC is to provide quality, comprehensive health care to Tulsa area American Indian people in a culturally sensitive manner that promotes good health, well-being, and harmony. IHCRC provides medical, health and wellness education, dental, optometry, substance abuse, pharmacy, and behavioral health services. IHCRC serves individuals across the life span with economically diverse backgrounds. Over 12,000 American Indian people seek the services of IHCRC each year.

## Overview of the Internship Program

- IHCRC is a member of the Northeastern Oklahoma Psychology Internship Program (NOPIP), an American Psychological Association (APA) accredited consortium
- IHCRC is a full-time placement (36 hours per week)
  - Although it is part of a consortium, interns spend the entire year at IHCRC
  - Interns do not rotate to other sites within NOPIP
- Weekly didactics and group supervision provided by NOPIP faculty (4 hours per week)
- Interns are placed through the Association for Psychology Postdoctoral and Internship Centers (APPIC) match process
  - **Match # 152114**

## Clinical Experiences

- **Therapy**
  - IHCRC utilizes a generalist training model that prepares interns to work in underserved areas
  - Therapy includes working with clients across the lifespan and with various diagnoses
  - Interns have an opportunity to provide individual, family, and couples therapy
  - Interns co-facilitate a school group that teaches life skills
- **Assessments (may include, but not limited to)**
  - ADHD evaluations
  - Learning disability assessments
  - Autism spectrum evaluations (utilizing the ADOS-2)
  - Parenting capacity evaluations
  - Dementia screenings

## Multidisciplinary Environment

- While we do not have multidisciplinary teams, IHCRC provides an opportunity to work in a multidisciplinary setting
- Interns are encouraged to consult with providers within the Behavioral Health and other departments in order to coordinate care
- Interns have an opportunity to collaborate with social workers, counselors, psychiatrists, primary care physicians, pharmacists, nurse case managers, Health Education and Wellness staff, and Systems of Care team members.

## Supervision

Interns receive two hours of individual supervision per week. One hour is devoted to adult cases and one hour is devoted to child and adolescent cases. Supervisors work closely with interns, particularly with cases that are new experiences for interns. This process includes live observation and recording of sessions and feedback from supervisors designed to foster development.

## Community Outreach

Interns have an opportunity to work with the Native American community in Tulsa. They serve as members of the Tulsa Community Advisory Team (TICAT). Interns are also invited to be involved with any of our ongoing cultural activities, including a drum group, Native Nations Youth Council, and an annual powwow.

## Goal for Internship Year

One year at IHCRC will provide the necessary training to work competently within an IHS facility, clinic or hospital serving Native American patients, or any community mental health agency, particularly in underserved areas.

